

Corporate Calm Yoga LLC

Release of Liability

(1) Introduction

This document governs your participation in any Corporate Calm Yoga instructor-led yoga, mindfulness, or exercise session. We will ask you to sign this document before taking part in any Corporate Calm Yoga instructor-led class.

You acknowledge that all exercise involves a risk of personal injury, including a small risk of serious injury or death, and you agree to take responsibility for your health and well-being in relation to our instructor-led yoga and mindfulness classes.

(2) Credit

This document was created by Corporate Calm Yoga, LLC.

(3) Health and medical conditions

You acknowledge and represent that:

- ✓ to the best of your knowledge, you suffer from no medical or physical condition or disability that will or might increase the normal risks associated with participating in an instructor-led yoga and mindfulness class conducted by Corporate Calm Yoga, LLC.

You must stop participating in a Corporate Calm Yoga instructor-led yoga and mindfulness class if:

- ✓ you suffer from any new injury, illness, or other medical condition, or you feel any pain or discomfort during a class; or you feel that this type of exercise would be unsafe or uncomfortable for you.

We may in our sole discretion prohibit you from participating in an instructor-led Corporate Calm yoga and mindfulness class; and you must comply with our instructions in relation to our instructor-led classes.

(4) No representations or warranties

To the maximum extent permitted by applicable law and subject to section 6 below, we exclude all representations, warranties, undertakings, and guarantees relating to our instructor-led yoga and mindfulness classes.

Without prejudice to the generality of the foregoing paragraph, we do not represent, warrant, undertake or guarantee:

- ✓ that you will not suffer from any injury arising directly or indirectly from our instructor-led Corporate Calm Yoga classes.
- ✓ that your fitness will measurably improve because of participation in a class; or
- ✓ that the class will continue to be made available to you for any specific period of time.

(5) Limitations and exclusions of liability

The limitations and exclusions of liability set out in this section and elsewhere in this document are subject to Section 6 (Exceptions) below and govern all liabilities arising under the release of liability in relation to our yoga or mindfulness classes, including liabilities arising in contract, in tort (including negligence) and for breach of statutory duty.

We will not be liable to you in respect of any personal injury (including without limitation serious injury or death) that you may suffer or sustain directly or indirectly as a result of attending and participating in a Corporate Calm Yoga instructor-led yoga and mindfulness class. Nor will we be liable to you in respect of any other losses arising as a result of any such personal injury.

We will not be liable to you in respect of any of your personal property that is lost, stolen or damaged before, during or after a Corporate Calm Yoga instructor-led yoga and mindfulness class.

We will not be liable to you in respect of any losses arising out of any event or events beyond our reasonable control.

We will not be liable to you in respect of any business losses, including (without limitation) loss of or damage to profits, income, revenue, use, production, anticipated savings, business, contracts, commercial opportunities, or goodwill.

We will not be liable to you in respect of any special, indirect, or consequential loss or damage.

(6) Exceptions

Nothing in this document shall: limit or exclude our liability for death or personal injury resulting from negligence; limit or exclude our liability for fraud or fraudulent misrepresentation; limit any of our liabilities in any way that is not permitted under applicable law; or exclude any of our liabilities that may not be excluded under applicable law.

(7) Severability

If a section of this document is determined by any court or other competent authority to be unlawful and/or unenforceable, the other sections of this disclaimer continue in effect.

If any unlawful and/or unenforceable section would be lawful or enforceable if part of it were deleted, that part will be deemed to be deleted, and the rest of the section will continue in effect.

(8) Law and jurisdiction

This document shall be governed by and construed in accordance with United States law, and any disputes relating to this document, or Corporate Calm Yoga instructor-led yoga and mindfulness classes will be subject to the exclusive jurisdiction of the courts of the United States.

(9) Our details

In this document, "we" means (and "us" and "our" refer to) Corporate Calm Yoga, LLC. Business Owner: Linda Hoffey. Company Address: 2402 Rockwood Trail Court. Wildwood, MO 63038.

(10) Instructors

The limitations and exclusions of liability in this document protect Corporate Calm Yoga, LLC class instructors.

I HAVE READ, UNDERSTOOD AND AGREE TO THE TERMS OF THIS RELEASE OF LIABILITY DOCUMENT.

PARTICIPANT SIGNATURE:

PARTICIPANT PRINTED NAME:

PARTICIPANT HOME ADDRESS:

DATE: